

WISDOM TEETH GUIDE

Everything You Need to Know! What to Expect Post-Surgery!

Welcome and Congratulations!

Dear Friend,

My name is **Dr. Jeffrey Morgan**, and right off the bat, I want to congratulate you on making the wise decision that'll help change your life! By requesting a copy of this information guide for wisdom teeth.

My ultimate goal is simple: to give my patients smiles that they love. Why? Because in my years of practice, I've found that there's almost nothing that can make as big a difference in your health, self-confidence, and overall quality of life as your smile.

Everything else can be working like clockwork – job situation, family, friends and relationships. But if you are embarrassed to smile or even engage in conversation because of your teeth.

Then no matter how great everything else is going, the real joy you desire - for is missing.

I'm here to tell you that you don't have to settle for that kind of life any longer. I know this for a fact because I have seen countless individuals who used to suffer from jaw pain caused by an overcrowded mouth.

I've seen patients walk in my doors seemingly ashamed to smile, and later walk out those same doors glowing with a lovely smile as radiant as the sun.

Thanks to the miracles of modern medicine and technology it's now not only possible, it's far more easy and painless than you probably have ever imagined.

Whether you're reading this guide for yourself or for a loved one, you're in the right place. We've designed this to provide you with all the necessary information you need to make an educated decision regarding what is best for overall health and happiness.

With all that said, let's get started!

MEET YOUR DOCTOR



Dr. Jeffrey Morgan

Dr. Jeffrey Morgan didn't take the usual route to dentistry. After graduating from Brigham Young University in 1992 with a bachelor's degree in accounting, he worked for a food distribution company as their accountant. However, he realized he missed having more interaction with people at work. After deciding to pursue dentistry, Dr. Morgan returned to school for two years to complete his prerequisites for dental school.

He was lucky enough to have a supportive wife who did not mind moving around the country for his education. They packed up their two young children and headed for the University of Louisville School of Dentistry. He also earned valuable experience during a dental externship at Eglin Air Force Base in Florida. After four years of dental school and one more child, Dr. Morgan and his family came to the Tri-Cities so he could work with Dr. Harry Keyes at Dental West. Two years and one more child later, Dr. Morgan opened his own practice, Grandridge Dental, in 2001. He has been here ever since, providing excellent dental care to our patients! The same traits that led him to first pursue accounting, his methodical attention to detail and a mind that seeks efficient solutions to problems, serve him well in dentistry too. He also provides dental services for missionaries through the Smiles for Latin America program

Dr. Morgan especially enjoys using some of the latest technologies, like lasers, for his patients' care. His professional associations and certifications include: American Dental Association, Washington State Dental Association, Benton-Franklin Counties Dental Society, International Dental Implant Association, AMD Laser Certified.

What Our Patients Are Saying

★★★★★ a year ago

The environment was so welcoming & the ladies are so sweet! My appointment was @3pm and they got me in over an hour early which was so awesome of them! The gal that did my whitening session was so informative and made sure I was comfortable throughout the entire session! Shoutout to Mic for also helping me get scheduled & working with me on my time schedule! I had to change my appointment a couple times & Mic helped with no questions asked and was also so polite and kind! Definitely will be going back, love the team & experience I had!

★★★★★ a year ago

I love going to Grandridge Dental! They are a wonderful office, they make you feel welcome and the knowledge and experience they have is beyond compare. I have had many issues with my teeth and previous offices and Dr. Morgan is able to explain and fix all my dental discomfort. The hygienists are great. They are kid friendly allowing my whole family to be treated in one office. We have a reimbursement insurance and the prices are very reasonable for us. I definitely would recommend this office to anyone who has dental needs.

★★★★★ 10 months ago

Best experience! My visit with Dr Morgan started with me just wanting an estimate for tooth implants. I feel blessed that not only was Dr Morgan affordable but him and his whole team are kind, caring, professional, and make you feel welcome! I just had the first part of my implants done 3 days ago and I could not have asked for more. Dr Morgan and his team made me feel at ease and I am excited for the final outcome. If you have been nervous about getting implants done and are looking for a GREAT Dentist, then I urge you to go to Grandridge Dental! Where you will experience a GREAT team from beginning to end!

★★★★★ 7 months ago

I truly appreciate Dr Jeff Clark and his staff! Every time I go there they ask questions that make me know that I am remembered which makes me feel like I'm among old friends. They never make me feel foolish for being terrified of the dental world. The work is done as quickly and as painlessly as possible and I have been very satisfied with the results every time. Now the office has been enlarged and is so much more spacious which is great for everyone ..staff and patient. I highly recommend them to anyone in need of dental work!

Top Reasons To Remove Wisdom Teeth?

JAW PAIN

Sometimes, jaw pain can signal a problem caused by your wisdom teeth. It can happen if the tooth is partially erupted, meaning that the tooth isn't able to come all the way out due to a lack of space, so a flap remains over the tooth. Impaction is another potential reason for jaw pain. Impaction occurs when there is not enough room in the mouth for the tooth, and the tooth is not able to break through the bone and gums.

2. GUM TENDERNESS

Impacted wisdom teeth can make your gums sore, tender and swollen. This especially happens when an impacted wisdom tooth becomes infected which is common.

3 SHIFTING OF NEARBY TEETH

Sometimes when impacted wisdom teeth erupt at an angle towards the nearby teeth, they can push up against them, causing the other teeth to shift. This can cause the teeth to slightly overlap, cause an unpleasant taste in your mouth, and can even cause bad breath.

- HEADACHES
 Impacted wisdom teeth can cause uneven tension and pressure in the jaw.
 This can lead to persistent headaches.
- This can lead to persistent headaches.

 TOOTH PAIN

A more obvious sign of issue with your wisdom teeth is pain at the site of your wisdom teeth. However, this pain can also spread to your whole mouth, not just the affected area. If left untreated, this pain can actually become so intense that the simple act of eating and chewing can cause pain that feels unbearable.

TOP 7 Misconceptions About Wisdom Teeth Removal

- Only teenages need their wisdom teeth removed
- Surgery is painful and you are awake the whole time
- Everybody has 4 wisdom teeth
- If the tooth isn't showing you don't need it removed
- 5 Wisdom teeth should be removed at an early age
- 6. Wisdom teeth extractions are expensive
- 7. An oral surgeon is the only doctor that can remove wisdom teeth

5

Post Operations Must Know

1. Pain And Swelling

It's common for swelling to occur after post operation, usually swelling will subside in 3-4 days post operation. Pain can be dealt with with modern medicine and your doctor may be able to prescribe something to help with the pain.

2. Opening Where The Teeth Was

After removing your tooth it's very common for there to be space in your mouth. This space will fill in and eventually be made into new tissue by your mouth.

3. Dry Socket

What is a dry socket? This occurs when the clot that is supposed to develop where your tooth is extracted fails to develop, dislodges or dissolves before the wound has healed.

4. Prevent Dry Socket

Avoid drinking from a straw for 24-48 hrs post surgery. Don't smoke or use tobacco 48 hrs post surgery. Avoid brushing the extraction area 3-4 days. Avoid hard, tough food for 2 weeks post operations.

5. 24 hrs Post Surgery

Rinse gently with an oral rinse given by your dentist or warm salt water (½ teaspoon dissolved in 8 ounces of warm water). For up to one week.

"WISDOM TEETH" CONSULTATION PACKAGE

FREE WISDOM TEETH EXAM

If it's been a while, don't worry, we never judge. Our only goal is to help you, in a friendly, comfortable environment, make sure your oral health is the best it's ever been.

✓ FREE DIGITAL X-RAY

This provides you with a comprehensive picture of everything going on inside your mouth, and we do this with utmost care for your comfort and ease as our highest priority.

- FREE EXPERT CONSULTATION

 Based on the exam and imaging, we'll let you know what's going great inside your mouth and opportunities for improvement.
- FREE WISDOM TEETH TREATMENT PLAN
 Finally, we'll provide you with a comprehensive stepby-step game plan to provide you with a smile you are
 proud of.

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FREQUENTLY ASKED QUESTIONS

Q: "At what age do most people get their wisdom teeth removed?"

A: Late teens, early twenties.

Q: "Can I brush my teeth after getting my wisdom teeth removed?"

A: You want to avoid brushing your teeth for the first 24 hours after surgery. After that, brush as usual!

Q: "Does everybody have wisdom teeth?"

A: No, not everybody has wisdom teeth. Most people have 4 wisdom teeth but some people only have one, two, or even three wisdom teeth.

Q: "Do you have to remove wisdom teeth that are impacted?"

A: You will not feel anything during the procedure. After the sedative wears off you might have a slight discomfort depending on the procedure.

Q: "Will I feel pain during the surgery?"

A: Absolutely not!

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Thank you for taking the time to read this information guide and learn a little more about wisdom teeth.

Hopefully this guide has answered some of your questions, and helped you as you approach your new road to dental health and your best smile.

We know that things can be confusing, and that you might not know where to start, and that's okay! We are here to help!

If you have any other questions, or want to set up a free consultation, please do not hesitate to call!

To your dental health,



Dr. Jeffrey Morgan (509) 677-1671

